

## 【Application Form and Agreement for Use of Mountain Bike Course and Rental Mountain Bike】

**Please read the following items carefully before signing the application form.**

If the rider is under 16, his/her parent or guardian must sign the application form as well. The parent or the guardian must make sure that he/she understands the contents.

### Alps Azumino National Government Park Omachi/Matsukawa Area Natural Experience Zone “Sport and Play Area (Azumino Mountain Bike Park)”

## Application Form and Agreement for Use of Mountain Bike Courses

Mountain biking and run biking can be dangerous activities that are done at your own risk. Alps Azumino National Government Park will not be responsible for injuries and damages that are caused by you or other riders. Park staff can provide first aid.

#### <Notice to Riders>

- Always wear a helmet to prevent injuries. Protective pads and gloves are recommended.
- Long sleeves and long trousers are recommended. Short sleeves with elbow pads as well as shorts with knee pads are accepted.
- Ride within your skill level. Anyone who can ride a bicycle can enjoy the Pottering Course (beginner level). Technical Trail Course and Flow Trail Course (intermediate level) are for the riders who have experienced off-road riding or who have completed all courses in the Skill-Up Area.
- Always follow the signs along the courses and the instructions of the park staff.
- Slower riders have the right of way. Look around before you start to avoid accidents with other riders. Do not overtake other riders forcibly.
- Pay attention to the riders around you and give way to each other.
- Children in elementary school and younger should be always accompanied by an adult.
- Do not repair or modify the courses. If you find damages on the course, please notify immediately to the park staff at the MTB Center or the Administration Center. Their phone number is printed on the wristband.
- Subscription to an accident insurance is highly recommended.

#### <Prohibition>

- Do not violate the rules of each courses. Do not ride bikes that do not work properly. Do not ride in the opposite direction. Do not ride bikes off the courses.
- Do not ride when you are drunk. Do not intentionally damage the courses. Do not speed too much. Do not harm other riders by overtaking them forcibly.
- Sandals are not allowed.
- Only riders can enter the courses, but non-riding attendants can also enter Kids Course in Skill-Up Area.

#### <Penalties>

- If you violate the rider rules or your act is judged harmful by the park staff, you will be ordered to exit the course. If you repeatedly violate park rules, you will be evicted from the park.
- If you damage the facilities intentionally or by lack of notice, you will be charged for the damages.

#### <In case of accidents>

- In the case of an accident, report it immediately to the Administration Center. The phone number is printed on the wristband.
- The park staff will not mediate troubles between riders, such as collisions. Settle troubles on your own.

#### <In case you bring your own bikes>

- Alps Azumino National Government Park will not be responsible for any injuries and damages in case you have an accident with your own bike. Due to Nagano Prefecture Ordinance, your own bike must be covered by Bicycle Liability for Damage Insurance.
- Bring bikes that are suitable for the courses (e.g. off-road bikes).
- Kids Course in Skill-Up Area is exclusively for run bikes and children's bikes.

## Application Form and Agreement for Use of Rental Mountain Bike

- In case you lose or damage the rental bike or the equipment, you must pay for the repair or replacement costs.
- Do not lend the rental bike and the equipment to others.
- Except for the case in which the rental bike obviously had a defect, any damage claims from the riders or the third party are not accepted.
- When you find any trouble with the rental bike, such as strange sounds from the bike, bring the bike immediately to the MTB Center and do not continue riding the bike.
- Return the rental bike in time so that other guests can rent it.

(Please tick✓)

☐ I confirm that I have read this Agreement for Use of Mountain Bike Courses and Rental Mountain Bike, and agree to all of the items.

Signature\_\_\_\_\_

*\*We manage your personal information properly and use only to contact you when necessary.*

Name		Sex	Emergency contact	Age
Name (Parent or guardian if the applicant is under 16)		M · F		
Address (City/Town)		Use of Rental Mountain Bike    Yes    ·    No		
Number of your visit    1 <sup>st</sup> visit    /    2 <sup>nd</sup> or more		Party size    1    /    more than 2		

スタッフ記入欄 (For Staff use)		リストバンドナンバー				受付時間				
2										
Name					Sex		Use of Rental Mountain Bike		Age	
					M ・ F		Yes ・ No			
スタッフ記入欄 (For Staff use)		リストバンドナンバー								
3										
Name					Sex		Use of Rental Mountain Bike		Age	
					M ・ F		Yes ・ No			
スタッフ記入欄 (For Staff use)		リストバンドナンバー								
4										
Name					Sex		Use of Rental Mountain Bike		Age	
					M ・ F		Yes ・ No			
スタッフ記入欄 (For Staff use)		リストバンドナンバー								
5										
Name					Sex		Use of Rental Mountain Bike		Age	
					M ・ F		Yes ・ No			
スタッフ記入欄 (For Staff use)		リストバンドナンバー								
6										
Name					Sex		Use of Rental Mountain Bike		Age	
					M ・ F		Yes ・ No			
スタッフ記入欄 (For Staff use)		リストバンドナンバー								
7										
Name					Sex		Use of Rental Mountain Bike		Age	
					M ・ F		Yes ・ No			
スタッフ記入欄 (For Staff use)		リストバンドナンバー								
8										
Name					Sex		Use of Rental Mountain Bike		Age	
					M ・ F		Yes ・ No			
スタッフ記入欄 (For Staff use)		リストバンドナンバー								
9										
Name					Sex		Use of Rental Mountain Bike		Age	
					M ・ F		Yes ・ No			
スタッフ記入欄 (For Staff use)		リストバンドナンバー								
10										
Name					Sex		Use of Rental Mountain Bike		Age	
					M ・ F		Yes ・ No			
スタッフ記入欄 (For Staff use)		リストバンドナンバー								