

【Format 1 Application Form and Agreement for Use of Mountain Bike Courses】

Alps Azumino National Government Park Omachi/Matsukawa Area Natural Experience Zone
 “Sport and Play Area (Azumino Mountain Bike Park)”

Application Form and Agreement for Use of Mountain Bike Courses

Please read the following items carefully before signing the application form.

If the rider is under 16, his/her parent or guardian must sign the application form as well. The parent or the guardian must make sure that he/she understands the contents.

Mountain biking and run biking are dangerous activity that is played at your own risk. Alps Azumino National Government Park will not be responsible for injuries and damages that are caused by you or other riders, though the park staff can provide first aid.

<Notice to Riders>

- Always wear a helmet to prevent injuries. Protective pads and gloves are recommended.
- Long sleeves and long trousers are recommended. Short sleeves with elbow pads as well as shorts with knee pads are accepted. Sandals are not allowed.
- Ride within your skill level. Anyone who can ride a bicycle can enjoy Pottering Course (beginner level). Technical Trail Course and Flow Trail Course (intermediate level) are for the riders who has experienced off-road riding or who completed all courses in the Skill-Up Area.
- Always follow the signs along the courses and the instructions of the park staff.
- The slower riders have the right of way. Look around before you start to avoid accidental contact with other riders. Do not overtake other riders forcibly.
- Pay attention to the riders around you and give way to each other.
- Children in elementary school and younger should be always accompanied by an adult. Only riders can enter the courses, but non-riding attendants can also enter Kids Course in Skill-Up Area.
- Do not repair or modify the courses. If you find damages on the course, please notify it immediately to the park staff at the MTB Center or the Administration Center. Their phone number is printed on the wristband.
- Subscription to an accident insurance is highly recommended.

<Prohibition>

- Do not violate the rules of each courses. Do not ride bikes that do not work properly. Do not ride in the opposite direction. Do not ride bike out of the courses.
- Do not ride when you are drunk. Do not intentionally damage the courses. Do not speed too much. Do not harm other riders by overtaking them forcibly.

<Penalties>

- If you violate the rider rules or your act is judged harmful by the park staff, you will be ordered to exit the course. If you repeat wicked acts, you will be evicted from the park.
- If you damage the facilities intentionally or by lack of notice, you will be claimed for the damages.

<In case of accidents>

- In case of an accident, report it immediately to the Administration Center. Its phone number is printed on the wristband.
- The park staff will not mediate the troubles between riders, such as collisions. Settle troubles on your own.

<In case you bring your own bikes>

- Alps Azumino National Government Park will not be responsible for any injuries and damages in case you had an accident with your own bike.
- Bring the bikes that are suitable for the courses (e.g. off-road bikes).
- Kids Course in Skill-Up Area is exclusively for run bikes and children's bikes.

(Please tick✓)

I confirm that I have read this Agreement for Use of Mountain Bike Courses, and agree to all of the items.

Signature _____

*We manage your personal information properly and use only for the contact to you when necessary.

Application Form (Please print clearly.)

Name		Sex	Date of birth	Age
Name (Parent or guardian if the applicant is under 16)		M · F	· ·	
Address	〒			
Phone number	Emergency contact			
Number of your visit	1 st visit / 2 nd or more	Party size	1 / more than 2	
以下はスタッフが記入します。(For Staff use)				
障害保険種類				
リストバンドナンバー		受付時間		担当
レンタルの有無	有 · 無	レンタル種別	大人 小人 (20 、 24 、 ラン)	

Please fill in the format 2 if you rent a mountain bike or a run bike.